

Appendix B

Syllabus Interactive, Multi-State Clinical Mental Health Supervision Training Program

(30 Clock Hours)

Instructor

Dr. Meg Robertson, DMin, LPC, LMHC
LCDR, CHC, USN-Ret
www.marmentalhealththerapy.com
marmentalhealththerapy@gmail.com

Course Snapshot

Course title: Clinical Mental Health Supervisor Training Program

Total hours: 30 clock hours (15 live/Live + 15 aLive)

Delivery format: Interactive cohort training (skills labs, simulations, guided practice, feedback)

Primary audience: Licensed clinicians preparing to supervise associates/registrants

Prerequisites: Post-master's licensure/eligibility and clinical experience consistent with scope of practice

Note: State Board's language typically uses "clock hours" for supervision training; this program is structured as 30 clock hours, not academic semester credits.

Course Description

This training develops competence in clinical supervision through a competency-based, interactive curriculum. Participants practice supervision skills using multiple supervision models, apply ethical and legal decision-making, integrate systems thinking (including LMFT-ready systems components), deliver culturally responsive supervision, and implement defensible contracting, evaluation, and remediation processes.

Learning Outcomes

- Apply ethical and legal principles and multi-state rule awareness to supervision dilemmas.
- Implement multiple supervision models/approaches with developmentally appropriate goal-setting.
- Integrate family/systems theory and systemic case conceptualization into supervision (LMFT-ready).
- Identify and manage parallel process, transference/countertransference, and power dynamics in supervision.
- Deliver culturally responsive supervision and fair, defensible evaluation.



- Implement informed consent, supervision contracting, documentation, and remediation/gatekeeping workflows.
- Use research and outcome data to strengthen supervision decisions and supervisee learning.

Structure and Hour Allocation

The program is organized into 10 modules of 3 clock hours each (30 total).

Live: 5 sessions x 3 hours = 15 hours. Live: 5 modules x 3 hours = 15 hours.

Each module includes interactive components and/or applied assignments with instructor feedback.

Module Schedule (10 x 3 Hours)

Module	Hours	Format	Topic	Key Interactive Deliverable
1	3	Live	Foundations of supervision: roles, power, alliance	Contracting role-play + feedback
2	3	Virtual	Ethics/legal and state rules orientation	Quiz + ethical decision memo
3	3	Live	Supervision models and developmental planning	Model selection drill + supervision plan
4	3	Virtual	Family/systems theory and systems components	Systemic case formulation (genogram/eco-map)
5	3	Live	Parallel process and transference/countertransference	Rupture/repair simulation
6	3	Virtual	Multicultural and cross-cultural supervision	Discussion + cultural formulation worksheet
7	3	Live	Informed consent and supervision contract workshop	Completed supervision contract packet
8	3	Virtual	Evaluation, gatekeeping, and remediation planning	Completed evaluation + remediation plan
9	3	Live	High-risk oversight: safety, scope, escalations	Stop-the-line simulation + decision tree
10	3	Virtual	Research-informed supervision + capstone	Recorded mock supervision + self-assessment

Assignment Submission Instructions

(In the Interactive, *Multi-State Clinical Mental Health Supervision Training Program* book see Appendix A for specific assignments)

Hand in your deliverables/assignments via email to www.marmentalhealththerapy@gmail.com. Your certificate cannot be sent until all deliverables and module are completed. These are not graded. However, this is a pass/fail situation as you need the clock hours to get your certificate. These assignments are designed to help make a supervisor packet to help in what you will need when you become a supervisor. **SUBJECT LINE MUST INCLUDE MODULE AND SLIDE NUMBERS.** If the assignment location is unknown, it will not be counted.

Completion Requirements (Certificate Criteria)

- Attend all live sessions and actively participate in skills labs.
- Complete pretest quiz.
- Complete posttest quiz (minimum score: 80%).



- Submit a finalized supervision contract, evaluation form, remediation plan, and supervisor professional disclosure statement.
- Complete all live session assignments and all homework assignments.

Reference Materials (extensive references included in this book)

Robertson, M. A. (2027). *Interactive, multi-state clinical mental health supervision training program*. MAR Mental Health Therapy.

