



PRIVACY AND CONFIDENTIALITY NOTICE

MAR Mental Health Therapy

The Clinical Anger Management Program is an educational program designed to teach evidence-based emotional regulation and anger management skills.

Although every participant is expected to respect the privacy of others, complete confidentiality cannot be guaranteed in a group educational setting.

Participants agree to:

- Respect the privacy of all class members.
- Not disclose personal information shared by other participants outside the course.
- Avoid recording audio, video, screenshots, or photographs during class without written permission.
- Participate from a private location whenever possible.
- Use headphones during Zoom sessions when appropriate to protect privacy.

Course records, attendance records, payment information, and certificates are maintained according to applicable state and federal laws and professional standards.

Information regarding attendance or completion may be released only:

- With the participant's written authorization,
- When required by court order,
- As otherwise required by law, or
- To verify successful completion when authorized by the participant.

Because this course is educational rather than psychotherapy, participants should understand that group discussions are not protected by therapist-client privilege.

Participants are encouraged to share only information they are comfortable discussing within an educational group setting.