



Clinical Anger Management Course

Modules 1-5

(28 clock hours)

Pricing (These are self-pay pricing; inquire about using your health insurance or health savings account)

Module 1 Understanding Anger (4 clock hours)

Part 1	\$30.00
Part 2	\$30.00
Part 3	\$30.00
Part 4	\$30.00
Subtotal	\$120.00

Module 2 Building Emotional Regulation (6 clock hours)

Part 1	\$30.00
Part 2	\$30.00
Part 3	\$30.00
Part 4	\$30.00
Part 5	\$30.00
Part 6	\$30.00
Subtotal	\$180.00

Module 3 DBT, CBT, ACT: Coping Skills (8 clock hours)

Part 1	\$30.00
Part 2	\$30.00
Part 3	\$30.00
Part 4	\$30.00
Part 5	\$30.00
Part 6	\$30.00
Part 7	\$30.00
Part 8	\$30.00
Subtotal	\$240.00

Module 4 Building Relationships (5 clock hours)

Part 1	\$30.00
Part 2	\$30.00
Part 3	\$30.00
Part 4	\$30.00
Part 5	\$30.00
Subtotal	\$150.00

Module 5 Understanding Trauma (5 clock hours)

Part 1	\$30.00
Part 2	\$30.00
Part 3	\$30.00
Part 4	\$30.00
Part 5	\$30.00
Subtotal	\$150.00

TOTAL: \$840.00