

Apps for Notes

A Review of Apps to Help in Clinical Note-taking

Introduction: The following four apps are helping me with note-taking so that I do not have to type during sessions and I can easily format those notes in a way that is clinically acceptable and HIPPA compliant. Right now these apps are free. I use all of them to get what I need as I work on different platforms that have various interface options like chat, telephone, and/or video.

Airops: Takes large sections of text and summarizes them, great for summarizing from the Speech Notes app. *Limitations:* It does not do what the other apps do and therefore I only use it to summarize notes generated by Speech Notes.

<https://app.airops.com>

Speech Notes: Runs in background of any programs running. Will type verbatim (catches every word) but doesn't have formatted text option so text needs to run through another app to summarize and/or format. *Limitations:* It only transcribes what the microphone picks up. But the result has not formatted so formatting must happen with another app.

<https://speechnotes.co/dictate/>

Fathom: Will video, transcribe (verbatim format), and summarize notes. For HIPPA compliance reasons, I only use the summary portion of this app. *Limitations:* Only works with Zoom.

<https://fathom.video/home>

Chat Open AI: Will summarize, rephrase, do a soap note and format it, will provide a reflection (great for Betterhelp), create job descriptions, and more. I'm just now exploring all that it can do. *Limitations:* Information it provides needs to be scanned for accuracy, do not depend on it solely without corrections for clinical care.

<https://chat.openai.com/>

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